



BRINGING CLINICAL TRIALS TO PARTICIPANTS CAN EASE BURDEN AND INCREASE RETENTION

With clinical trials shifting toward decentralized approaches—fully virtual or hybrid—mobile research nurses have been instrumental in keeping clinical trials moving forward and minimizing participant dropout. Bringing the trial to participants with the use of Illingworth mobile research nurses can ease the burden of participation and help transform the clinical trial experience.

Mobile research nurses provide services that enhance recruitment, participant diversity, engagement and retention by replacing on-site appointments with off-site visits.

IMPROVING PARTICIPANT ENROLLMENT

- **Performing clinical trial visits** in the home, school or place of work offers a convenient way to participate in clinical trials
- **Bringing the site to the participant helps** build relationships between the nurse and participant to increase health literacy
- **Improving the overall experience** may increase enrollment in subsequent clinical trials

ACCELERATING RECRUITMENT AND RETENTION

- **Enhances recruitment rates** due to fewer participant on-site visits allowing sites to focus on recruitment
- **Enables the participation of those less mobile or in remote locations**, increasing opportunities for clinical trial diversity
- **Respects and maintains compliance throughout the clinical trial**, ensuring off-site visits follow the study protocol



ILLINGWORTH[™]
RESEARCH GROUP

a SYNEOS HEALTH company



TRANSFORMING THE CLINICAL TRIAL EXPERIENCE WITH MOBILE RESEARCH NURSING

Illingworth helps bring clinical trials to participants by providing highly qualified good clinical practice compliant mobile research nurses who visit participants at home or alternate off-site locations.

MOBILE RESEARCH NURSING ADVANTAGES

- **Work with global operating procedures** and report to a central project manager
- **Help sponsors execute and design clinical trials** that minimize the burden to participants by providing the flexibility to participate while in the comfort of home, work or school
- **Combined with our patient concierge service**, mobile research nursing drives participation and reduces costly delays related to dropouts or slow enrollment rates
- **Global reach** covering more than 45 countries, the dedicated project team works with the site to implement off-site capability
- **Dedicated teams** for talent acquisition, training and management of our highly skilled nurses
- **Direct oversight and support** for every research nurse
- **Work on site** to clinically support teams that may be under resourced
- **SourceGO[®], our proprietary eSource app**
 - Allows documents to be viewed by the site instantly upon submission
 - Saves time and paper
 - Keeps participants' data safe
 - Enhances time management at the visit
 - Improves data transparency through direct, real-time data entry

WANT TO LEARN MORE?

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ABOUT SYNEOS HEALTH

Syneos Health[®] (Nasdaq:SYNH) is the only fully integrated biopharmaceutical solutions organization purpose-built to accelerate customer success. We lead with a product development mindset, strategically blending clinical development, medical affairs and commercial capabilities to address modern market realities.

To learn more about how we are **Shortening the distance from lab to life[®]**, visit syneoshealth.com or subscribe to our podcast.

ABOUT ILLINGWORTH RESEARCH GROUP

Illingworth Research Group[™], a Syneos Health[®] company, is a leading provider of clinical research home health services, providing highly trained, qualified and experienced research nurses to the biopharmaceutical and medical device industries. Building on our long-standing home health experience, we also provide complimentary patient-focused CRO services. Illingworth Research Group – awarded the 2020 SCRIP Best Specialist Provider Award and the 2021 Queens Award for Enterprise – operates in more than 46 countries, delivering the highest standards of clinical care and regulatory adherence across a diverse range of therapeutic areas. To learn more about our unique approach to clinical trial delivery visit, illingworthresearch.com.

