

# How Mobile Research Nursing Works

The ability to conduct visits off-site reduces inconvenience, stress and makes for a more positive clinical trial experience. A more patient-centric trial will often lead to easier, quicker enrollment and higher retention rates. This makes the investment worthwhile.

## Step 1

During the consent process, patients can choose to take up the option of off-site visits. Visits can take place in any approved environment such as home, workplace or school.

## Step 2

Illingworth Research Nurses (RNs) are highly-trained clinicians with GCP experience. They are a vital part of the study team, approved by the hospital, trained on the study and named on the delegation of duties log at site.

## Step 3

The patient meets the mobile research nurse at the site prior to the first off-site visit. Where possible the same nurse will complete each visit to help build a rapport.

## Step 4

The RN handles all the visit requirements, such as liaising with pharmacy and courier to deliver the IMP and pick up blood samples. Our RNs carry kit with them including centrifuges. Data is entered into an eCRF or paper at the point of collection. Close communication with the PI and site team maintained throughout.

## Step 5

All source data is reviewed and sent to site to file with the patient's notes within 48 hours of the visit. Any worrying changes in health status are reported to site immediately.



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