

# Putting our Research Nurse's Safety First with the Trial of StaySafe Application

Illingworth Research is pleased to announce the planned rollout of a new improved system of keeping our nurses safe when they are completing visits away from the site.



Illingworth Research has always taken Mobile Research Nurse safety seriously, employing a buddy system lone worker policy where nurses would telephone check in and out with another nurse when visiting patients away from study sites. However, the system was laborious to manage, prone to human error and not suitable for the volume of work currently in progress and planned for the future.



In partnership with the StaySafe application, nurses can now log their arrival and safe departure from each visit with the press of a button. Along with tracking a nurse's location via GPS while in a session, the app incorporates a panic feature in case of emergency (which is available in and out of sessions). Illingworth is currently the first and only provider to offer this security to Mobile Research Nurses by working with StaySafe.

StaySafe is a focused app designed to protect lone workers who are regularly entering unfamiliar environments. The application enables a nurse to "panic" "end" "extend" and "check-in" while in a session. The ease of using the app has resulted in nurses feeling more secure when completing remote clinical trial visits. Furthermore, the use of this application makes our former buddy call system redundant.

*"StaySafe has provided us with a solution that removes the hassle of a manual system, while significantly increasing the security of the nurse. Lone worker communication is reduced to when it is actually needed - when a session expires or a panic alarm is triggered. Instant notifications then alert our central team, allowing us to view the nurse's location and contact them immediately to confirm the issue.*

*We hope to never need to support a nurse under duress, but the StaySafe app and hub will allow us to deal with a difficult situation quickly and effectively."*

**Peter Allan, Associate Director of Research Nursing**

Already, this system has been successfully trialled on 150 research visits across 10 countries. This trial period has proved a real success and is preferred by both our Research Nurses and the Research Nursing Project Managers. This is reflected in a reduction in administration time by both parties and a greater level of control given to the research nurse on their visit. For example, if a visit needs to be longer than expected a nurse can simply extend the time for the session on the app. The app informs a Project Manager, without the need for calls or worry, when a nurse runs over the expected visit time.

Illingworth would like to thank StaySafe for developing a solution for us and enabling Illingworth to be the first user of this lone working system in the pharmaceutical sector. This exciting development will be rolled out further in the coming months globally. We are hopeful this new system will make off-site visits more efficient and ensure the safest possible visits for our nurses.

